

Specs

DIMENSIONS & CAPACITIES

Exterior	
Wheelbase	130.5"
Length	210.2"
Height (with options)	72.5"
Width – Excluding mirrors	73.7"
Width – Including mirrors	84.8"
Width – Mirrors folded	77.5"
Minimum running ground clearance	8.5"
Open tailgate to ground	30.9"
Overhang – Front	35.4"
Overhang – Rear	44.3"
Ramp breakover angle	17.2°
Angle of approach	28.7°
Angle of departure	17.2°

Interior	
Front	
Head room	39.8"
Shoulder room	59.0"
Hip room	55.4"
Leg room	42.4"

Rear	
Head room	38.5"
Shoulder room	58.9"
Hip room	55.5"
Leg room	36.9"

Cargo Volume	
Behind front seats	44.4 cu. ft.
Cargo box	37.5 cu. ft.

Maximum Loaded Trailer Weight¹

4.0L SOHC V6 Engine	
4x2 (Class II)	3500 lbs.
4x4/AWD (Class II)	3500 lbs.
4x2 (Class III/IV)	5250 lbs.
4x4/AWD (Class III/IV)	5080 lbs.

4.6L 3V V8 Engine	
4x2 (Class II)	3500 lbs.
4x4/AWD (Class II)	3500 lbs.
4x2 (Class III/IV)	7160 lbs.
4x4/AWD (Class III/IV)	6990 lbs.

Dimensions may vary by trim level.
Cargo and load capacity limited by weight and weight distribution.

STANDARD

Mechanical	
4.0L SOHC V6 engine with 5-speed automatic transmission	
4-wheel Anti-lock Brake System (ABS)	
Class II trailer tow hitch receiver	
Independent front and rear suspensions	
Non-limited-slip rear axle (3.73 ratio)	
Trailer Sway Control	

Safety & Security	
Adaptive driver and front-passenger front airbags ²	
Adaptive stroking steering column	
AdvanceTrac [®] with RSC [®] (Roll Stability Control™)	
Belt-Minder [®] front safety belt reminder	
Front-Passenger Sensing System	
Front-seat side airbags ²	
LATCH – Lower anchors and tether anchors for child-safety seats (in rear-outboard seats)	
Safety belts with pretensioners and adaptive load-limiting retractors (height-adjustable in front row)	
Safety Canopy [®] System with side-curtain airbags ² and rollover sensor	
SecuriLock [®] passive anti-theft ignition system	
SOS Post-Crash Alert System™ flashes hazard lights and sounds horn after airbag deployment or safety belt pretensioner activation in certain collisions	
Tire Pressure Monitoring System (excludes spare)	

Interior	
Front bucket seats with 2-way adjustable head restraints	
60/40 split-folding rear seat	
Air conditioning (manual)	
AM/FM stereo/single-CD player	
Auxiliary audio input jack	
Coat hooks (2)	
Center floor console with armrest and covered storage	
Front dome/map lights	
Grab handles (1 for front passenger and 2 in rear)	
Illuminated glove compartment	
Large overhead console	
Leather-wrapped steering wheel with cruise control and secondary audio controls	
Power points (3)	
Power windows with one-touch-down driver-window feature	
SIRIUS Satellite Radio with 6-month subscription	
Tilt steering column	

Exterior	
Cargo box power point	
Cargo box tie-downs (10)	
Chrome 3-bar grille with nostrils	
Composite material cargo box with 3 gear bins	
Fog lamps	
Power sideview mirrors with security approach lamps	
Power-sliding rear window	

New Vehicle Limited Warranty. We want your Ford Sport Trac ownership experience to be the best it can be. So under this warranty, your new vehicle comes with 3-year/36,000-mile Bumper-to-Bumper Coverage, 5-year/60,000-mile Powertrain Warranty Coverage, 5-year/50,000-mile Safety Restraint Coverage, and 5-year/unlimited-mile Corrosion (Perforation) Coverage – all with no deductible. Please ask your Ford Dealer for a copy of this limited warranty.

Roadside Assistance. Covers your vehicle for 5 years or 60,000 miles, so you have the security of knowing that help may be a phone call away should you run out of fuel, lock yourself out of the vehicle, or need towing. Your Ford Dealer can provide complete details on all of these advantages.

Ford Credit. Get the ride you want. Whether you plan to lease or finance, you'll find the choices that are right for you at Ford Credit. Ask your Ford Dealer for details or check us out at fordcredit.com.

Ford Extended Service Plan. For a purchase or lease, the Ford Extended Service Plan (ESP) gives you "Peace-of-Mind" protection designed to cover key vehicle components and protect you from the cost of unexpected repairs. Ask your dealer for a Ford ESP, the only service contract backed exclusively by Ford and honored at all Ford Lincoln Mercury dealerships.

Insurance Services. Get Ford Motor Company quality in your auto insurance. Our program offers industry-leading benefits and competitive rates. Call 1-877-367-3847, or visit us at fordvip.com for a no-obligation quote. Insurance offered by American Road Services Company (in CA, American Road Insurance Agency), a licensed agency and subsidiary of Ford Motor Company.

Comparisons based on 2009 competitive models (Sport Utility Truck class), publicly available information and Ford certification data at time of release. Some features discussed may be optional. Vehicles shown may contain optional equipment. Features shown may be offered only in combination with other options or subject to additional ordering requirements or limitations. Dimensions shown may vary due to optional features and/or production variability. Following the release of the PDF, certain changes in standard equipment, options and the like, or product delays may have occurred which would not be included in these pages. Your Ford Dealer is the best source for up-to-date information. Ford Division reserves the right to change product specifications at any time without incurring obligations.

¹Maximum weights shown are for properly equipped vehicles with required equipment and a 150-lb. driver. Weight of additional options, equipment, passengers and cargo must be deducted from this weight. For additional information, see your Ford Dealer. ²Always wear your safety belt and secure children in the rear seat.

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SPORT TRAC XLT

Equipped with all standard features, plus:

Rapid Spec 100A:

- 16" painted cast-aluminum wheels with P235/70R16 all-season OWL tires
- Black bumpers and wheel-lip moldings
- Black roof side rails
- Black door handles and sideview mirror caps
- Cloth-trimmed seating
- Molded-rubber flooring
- Heavy-duty berber floor mats
- 2-line message center with outside temperature display

Available Option Group

Rapid Spec 101A: XLT Convenience Package:

- Auto-dimming rearview mirror, automatic headlamps, SecuriCode™ keyless-entry keypad, message center compass display, 6-way power driver seat, power-adjustable pedals and Reverse Sensing System + **XLT Appearance Package:** 17" painted cast-aluminum wheels, P245/65R17 all-season OWL tires and Black step bars + Ford SYNC® + Black roof-rack crossbars + hard, locking tonneau cover

Available Options & Packages

- Cargo cage bed extender¹
- Control Trac® 4-wheel-drive (4WD) system
- Heavy-Duty Trailer Tow Package:** Class IV hitch receiver, and 7-pin connector
- Power moonroof with mini-overhead console¹

SPORT TRAC LIMITED

Equipped with all standard XLT features, plus:

Rapid Spec 200A:

- 18" chrome-clad aluminum wheels with P235/65R18 all-season OWL tires
- Monochromatic exterior appearance
- Automatic headlamps
- Heated sideview mirrors with body-color caps
- Chrome roof side rails and step bar accents
- Hard, locking tonneau cover
- SecuriCode keyless-entry keypad
- Leather-trimmed seating with heated front bucket seats, 10-way power driver seat and 4-way manual passenger seat
- Premium Sound System with 6-disc in-dash CD changer with subwoofer and 190 watts
- Ford SYNC voice-activated, in-vehicle communications and entertainment system
- Message center compass display
- Auto-dimming rearview mirror

Available Option Groups

Rapid Spec 201A: Limited Convenience Package:

- Dual-zone Electronic Automatic Temperature Control, 4-line message center, power-adjustable pedals and Reverse Sensing System² + **Heavy-Duty Trailer Tow Package** + Black roof-rack crossbars

Rapid Spec 202A: Limited Convenience Package

- + **Heavy-Duty Trailer Tow Package** + **Adrenalin Package:** see next column for contents

Available Options & Packages

- 4.6L 3-valve V8 engine with 6-speed automatic transmission and non-limited-slip rear axle (3.55 ratio)
- Cargo cage bed extender³
- Control Trac 4-wheel-drive (4WD) system⁴
- Heavy-Duty Trailer Tow Package**
- Power moonroof with mini-overhead console³
- Voice-activated Navigation System with nearly 10-gigabyte hard drive, single-disc Premium Sound System, and SIRIUS Travel Link™ services with 6-month subscription³

ADRENALIN PACKAGE

Equipped with select standard Limited features, plus:

- 20" polished-aluminum wheels with P255/50R20 all-season BSW tires
- Black grille
- Unique front and rear fascias
- Unique fender vents
- Unique headlamps and fog lamps
- Unique running boards
- Single rear-exit exhaust with dual chrome tip
- Adrenalin tailgate badge
- Charcoal Black instrument panel, seats, door-trim inserts and center console lid
- Camel headliner
- Charcoal Black leather-trimmed heated front bucket seats with perforated-leather inserts
- Adrenalin-branded floor mats

(Wheel-lip moldings and roof side rails are deleted; Adrenalin Package is available in 4x2 or AWD)

HORSEPOWER, TORQUE & EPA-ESTIMATED FUEL ECONOMY⁵

4.0L SOHC V6 Engine

Horsepower	210 @ 5100 rpm
Torque (lb.-ft.)	254 @ 3700 rpm
5-speed automatic	
4x2	14 mpg city/20 hwy.
4x4	13 mpg city/19 hwy.

4.6L 3V V8 Engine

Horsepower	292 @ 5700 rpm
Torque (lb.-ft.)	315 @ 4000 rpm
6-speed automatic	
4x2	15 mpg city/21 hwy.
4x4	14 mpg city/19 hwy.

¹Requires Rapid Spec 101A. ²Reverse Sensing System not available with Adrenalin Package. ³Requires Rapid Spec 201A or 202A. ⁴Not available with Adrenalin Package. ⁵Based on 2009 model-year ratings.

Colors, Interiors, Wheels



Sangria Red Metallic



Blue Flame Metallic



Dark Copper Metallic



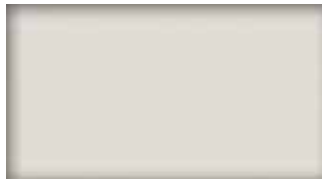
Black Pearl Slate Metallic



Black



Brilliant Silver Metallic



White Suede



Torch Red



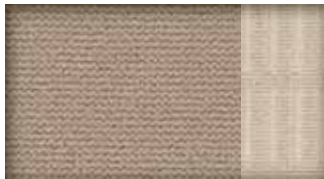
Leather - Charcoal Black
Standard on Limited



Leather - Charcoal Black with perforated inserts
Standard on Limited with Adrenalin Package



Leather - Camel with Sand inserts
Standard on Limited



Cloth - Camel with Sand inserts
Standard on XLT



Cloth - Charcoal Black
Standard on XLT



16" Painted Cast-Aluminum
Standard on XLT



17" Painted Cast-Aluminum
Included in XLT Appearance Package



18" Chrome-Clad Aluminum
Standard on Limited



20" Polished-Aluminum
Included in Adrenalin Package

	Interior Colors	
XLT		
Sangria Red Metallic	●	●
Blue Flame Metallic	●	●
Dark Copper Metallic	●	●
Black Pearl Slate Metallic	●	●
Black	●	●
Brilliant Silver Metallic		●
White Suede	●	●
Limited		
Sangria Red Metallic	●	●
Blue Flame Metallic	●	●
Dark Copper Metallic	●	●
Black Pearl Slate Metallic	●	●
Black	●	●
Brilliant Silver Metallic		●
White Suede	●	●
Limited with Adrenalin Package		
Blue Flame Metallic		●
Black		●
Brilliant Silver Metallic		●
Torch Red		●
INTERIORS: ● Camel ● Charcoal Black		

Colors shown are representative only. Not all colors are available on all models. See your dealer for actual paint/trim options.